



CUIXMALA®

THE HEALING POWER OF ENERGY

August 14-21 2020



# CUIXMALA.

## *The Soul's Resting Place*

The Healing Power of Energy Retreat marks the launch of Cuixmala's annual series of Signature Retreats and Wellness Programs, designed to provide the best possible foundation to transform and thrive, however long you stay. Led by leading scientists, doctors and healers, ancient traditions and modern practices are combined to provide a truly holistic wellness experience.

From the food you eat, to the untouched earth beneath your feet, wellness is inevitably integrated into your Cuixmala experience.

### DATES & CONTACT INFO

FRIDAY 14TH - 21ST AUGUST 2020

RESERVATIONS@CUIXMALA.COM

MX: 01 800 590 3999

US: 1 844 857 1381

UK: 800 044 20 819

## The Healing Power of Energy

*A 7-night transformative retreat, fusing ancient healing wisdom with advanced modern technology*

Led by internationally renowned wellness specialists, Dr. Rashid A. Buttar, Dr. Jere Rivera-Dugenio Ph.D., Dr. Thornton Streeter and Robert Slovak, 'The Healing Power of Energy' Retreat at Cuixmala will focus on a deep analysis of your physical, mental, emotional and spiritual health. Ideal for those seeking guidance and inspiration on their journey to wellbeing, a series of individual, group and interactive sessions aim to improve consciousness, awareness and state of being.

The Retreat Leaders:

### **Dr. Rashid A. Buttar, DO, FAAPM, FACAM, FAAIM:**

Dr. Rashid A. Buttar is an osteopathic physician, certified in general surgery, clinical metal toxicology, preventative medicine and emergency medicine, holding fellowship status in three separate national medical organizations. He currently practices in Charlotte, NC, where he is the Medical Director of Advanced Concepts Medicine at The Center for Advanced Medicine and Clinical Research.

### **Dr. Jere Rivera-Dugenio Ph.D.:**

Dr. Jere Rivera-Dugenio, Ph.D. is a quantum morphogenetic physics expert with a Ph.D. in Natural Medicine and Quantum Physics. He is the creator of The RASHA scalar plasma crystalline technology and is currently obtaining his third Ph.D., in Genetics and Genomics, at Stanford University.

### **Dr. Thornton Streeter:**

Director of The Centre for Biofield Sciences, Thornton is based in India. He has spent over twenty-five years specializing in researching the human biofield and co-developed the Biofield Viewer.

### **Robert Slovak:**

An international water scientist, Robert and his brother, Jack Slovak, were among the early developers of Reverse Osmosis technology and its many applications. Together, they have founded many companies in this field, including Water & Wellness and LiteWater.



## The Retreat Includes:

### **Pre- & post-retreat Biofield Viewer consultation:**

A non-invasive, full body analysis device, the Biofield Viewer can reveal negative, disease forming energy patterns before the physical disease and symptoms manifest in the body. This technology resembles the future of preventative medicine.

### **One 30-minute RASHA Stress Relief and Relaxation session:**

The RASHA system is a scalar-plasma-sound technology with an advanced base-12, resonant frequency generating software that harmonizes the autonomic nervous system (ANS) by balancing the left and right hemispheres of the brain thus relieving stressors, transmuting negative habitual patterns, supporting relaxation, cellular detoxification and healing from electrosmog and geopathic stress.

### **Lectures from the retreat leaders:**

Dr. Jere Rivera-Dugenio Ph.D., Dr. Thornton Streeter and Robert Slovak will each deliver a lecture on their specialist subject area, aiming to provide guests with insights and knowledge to inform their continued wellness evolution throughout the retreat and in their everyday life.

### **One 60-minute sound healing class:**

Experience the healing tones and harmonious sensations of alchemy quartz crystal singing bowls. The pure, high frequency sounds resonate and entrain with our physical, emotional and energetic bodies, bringing

the possibility of clearing, cleansing and balancing at the cellular level.

### **One biodynamic farming course:**

Fundamental to the sustainable philosophy of Cuixmala, biodynamics is about respect for nature and spiritual ecology. In this hands-on learning experience, guests will learn how to make use of Biodynamic practices in everyday life.

### **One cooking course:**

Evolve your knowledge of biodynamic farming and make the most of local, seasonal produce to nourish your body and soul. Led by Cuixmala's Executive Chef, Alexandre Arnal, recipes and cooking techniques will focus on healthy, wholesome eating.

### **Daily 60-minute yoga class:**

Group classes in the Yoga Studio will include Vinyasa and restorative yoga practices including breathing, meditation and asana.

### **Three meals daily:**

Including snacks and non-alcoholic beverages. All menus can be tailored to personal dietary requirements.

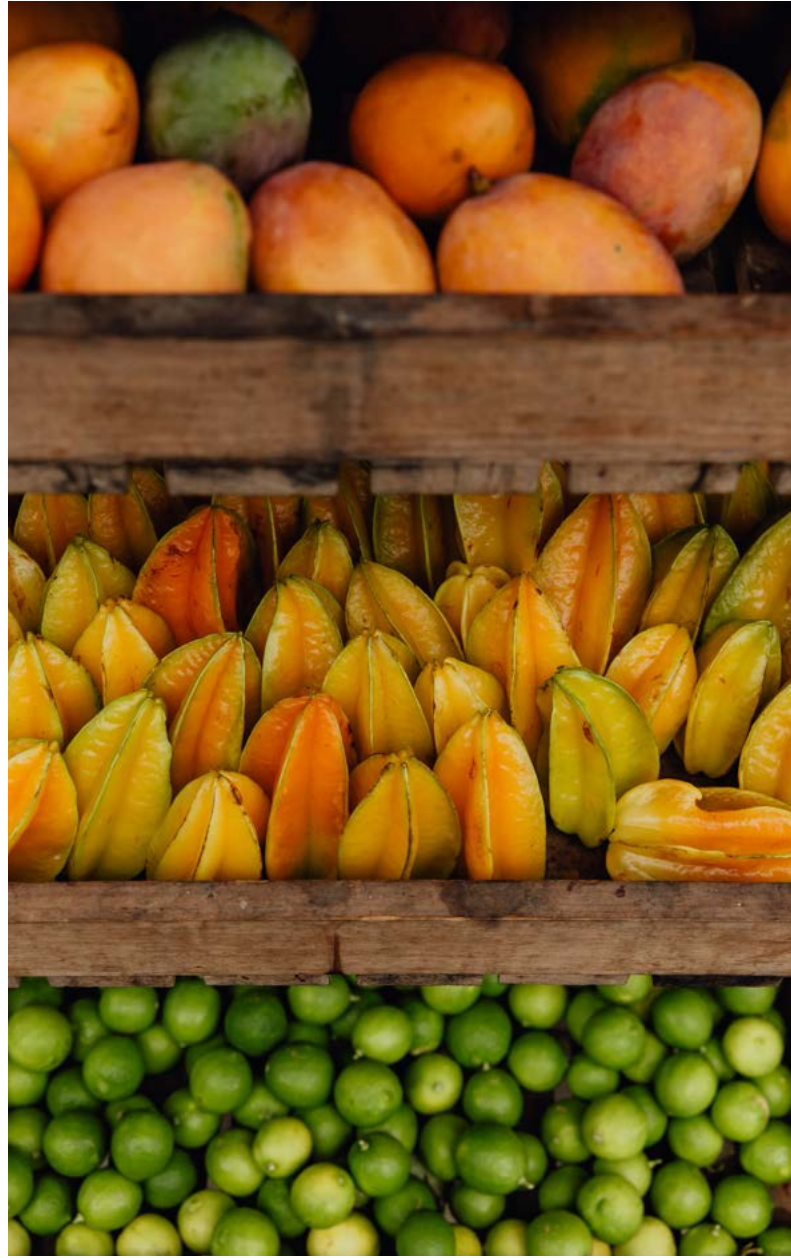
### **Luxurious accommodation:**

Choose from the Suites & Bungalows of Casa Cuixmala, the Casitas, or the Villas.

### **Round-trip airport transfers from Manzanillo Airport**

- LUSH, GREEN LANDSCAPES
- GREAT SURF
- SPECTACULAR LATE SUNSETS
- WARM, CRYSTAL-CLEAR OCEAN
- PRIME SEASON FOR TROPICAL FRUITS

AUGUST AT CUIXMALA



Pricing		USD	
7-DAY RETREAT	SINGLE	DOUBLE	
CASITAS FROM	\$7,550	\$10,810	
SUITES FROM	\$9,300	\$12,560	
BUNGALOWS FROM	\$12,100	\$15,360	
VILLAS	PLEASE CONTACT FOR INFORMATION		
ADDITIONAL PRIVATE SESSIONS - 60 MINS			
RASHA			\$240
BIOFIELD VIEWER/MULTI SCAN			\$250
PRIVATE SOUND HEALING			\$200
PRIVATE YOGA/MEDITATION			\$120

\*Prices are subject to government taxes